

## THE EUCHARIST, PART I

Cenacle teaching, Lourdes Pinto, 6/22/17

### From *The Simple Path*; The Eucharist, 3-C-5

Messages #49, p.162 & #50, p.163 explain how **Jesus continues to live His sacrifice, His martyrdom of love, in the Eucharist.**

#### Message 49: I Give Myself to the Good and the Bad, Diary of a MOC

*The Eucharist is the power of God in the world. The love of God is the Eucharist and is transmitted through the Eucharist.*

- Catechism
- CCC 1323 "At the Last Supper, on the night he was betrayed, our Savior instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the cross...
- CCC-1324 The Eucharist is "the source and summit of the Christian life.
  - **Has the Eucharist become the source and summit of your life? If not, why?**
- CCC-1367 The **sacrifice of Christ and the sacrifice of the Eucharist are one single sacrifice:** "The victim is one and the same: the same now offers through the ministry of priests, who then offered himself on the cross; only the manner of offering is different." "And since in this divine sacrifice which is celebrated in the Mass, the same Christ who offered himself once in a bloody manner on the **altar of the cross** is contained and is offered in an unbloody manner. . . this sacrifice is truly propitiatory."

#### Message 49 cont.

*Learn about the hidden life by contemplating My Eucharistic life. I am hidden from your human eye but completely present. I am verbally silent, yet My soul speaks to your soul. I am humble, pure, simple, silent, generous, forgiving, merciful, patient, and tender.*

#### Ask yourself

1. How have I grown in humility? How am I still lacking humility?
2. How have I grown in purity of body, mind, heart, intentions?
3. Specifically, in what area of purity do I need further purification?
4. How have I grown in simplicity? In what areas do I need to grow in further simplicity?
5. Am I able to enter the silence of my heart to suffer in greater intensity and intimacy with Jesus?
6. Am I generous with my time and attention with the souls the Lord has placed in my life?
7. Am I also generous with those that are difficult for me to love and get along with?
8. Have I entered my core wounds and forgiven FROM THE HEART those that inflicted those wounds?
9. Have I come to recognize hidden resentment within my heart?
10. In what situations and with what persons is my patient most tried?

11. How have I grown in patience?
12. Am I tender with the people I live closest to — spouse, children, family...?
13. Do I now notice when the hardness of my heart reacts and do I recognize it and strive to correct it by CHOOSING to be tender with my words, hands and gaze?

- **Mathew 5:43-48:** *You have heard that it was said, 'You shall love your neighbor and hate your enemy.' But I say to you, love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father, for he makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust. For if you love those who love you, what recompense will you have? Do not the tax collectors do the same? And if you greet your brothers only, what is unusual about that? Do not the pagans do the same? So be perfect, just as your heavenly Father is perfect.*
- **CCC 1327** *In brief, the Eucharist is the sum and summary of our faith: "Our way of thinking is attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking." St Irenaeus*

#### Message 49, cont.

*I give Myself fully to the good and the bad, to the deserving and the undeserving, to those who love Me and to those that persecute Me; I continue to love those who do not love Me. I continue to love those who use Me. I continue to love the unfaithful. I continue to love those indifferent to My love. I am left alone in the tabernacles of the world with few who come to be with Me, to adore Me and to give Me thanks. I cry but My tears are hidden.*

- **Altar of the cross**  
**CCC 1366** - *The Eucharist is thus a sacrifice because it re-presents (makes present) the **sacrifice of the cross**, because it is its memorial and because it applies its fruit:*  
*[Christ], our Lord and God, was once and for all to offer himself to God the Father by his death on the **altar of the cross**, to accomplish there an everlasting redemption.*

**Wherever our cross is, there is our altar of sacrifice.** There is where our offering during the consecration of the Mass becomes real, our sacrifice as real flesh, the real pain of our suffering WITH Christ's.

- Message 98, MOC

*Mary: The mothers of the cross are my maidens that united to me will renew the priesthood. Your "fiat" to be victim souls will be perfected in my "Fiat". Your lives will be a holy cloth that soaks up the precious blood of Jesus. In this way, you will become pure living chalices filled with the Blood of Jesus. You will live your \*hidden lives like me in prayer, sacrifice and suffering. Your hidden lives lived in*

*your domestic monasteries will be a source of grace for the sanctification of priests. You will imitate to great perfection my virtues of humility, simplicity, gentleness, silence and charity. You will be women of an intense prayer life centered in the Eucharist. **Your lives will be a continuous prayer offering as you offer up your daily sacrifices and duties on the altar of your homes.** As you love in suffering imitating Jesus and I you will be our joy and consolation. (June 13, 2009)*

- To come to the altar of sacrifice in the Mass without having lived my daily sacrifice in the altar of my home or work, is a sterile sacrifice to the Father. The words of the Mass — through Him, with Him and in Him— must be lived daily in the ordinary and tediousness of my life, in the sacrament of the moment. It is only in this way that my sacrifice is truly pleasing to God and made perfect in Jesus’ sacrifice of perfect love.

### **Mensaje # 57, Becoming Living Hosts in our Relationships, p.171**

*Ponder every relationship and situation in your lives where you are not loving with Me, through Me and in Me. Ask yourselves, “Why is it so difficult to love this person or to love in these situations?” It is precisely in those situations and with those persons where you need to be purified. It is only in this way that you can become ONE with My Eucharistic life and be transformed into Love.*

Begins Eucharistic Part II, cenacle 6/29/17

- **2 Corinthians 5: 14-15** *For the love of Christ impels us, once we have come to the conviction that one died for all; therefore, all have died. He indeed died for all, so that those who live might no longer live for themselves but for him who for their sake died and was raised.*
  - Jesus in the Eucharist lives giving Himself to us, His beloved bride.
- **2 Corinthians 6:4-13** “but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.  
Our mouth is open to you, Corinthians; **our heart is wide**. You are not restricted by us, but you are restricted in your own affections. In return -- I speak as to children -- **widen your hearts also.**”

Ask yourself

1. How am I specifically living my daily ordinary life more-and-more united to Jesus' living sacrifice in the Eucharist?
2. Do I see progress in the way I am suffering my hardships WITH Christ's? How?

**Message 49 continues**

*I intercede continuously before the throne of our Father for all.*

*My hidden life in the Eucharist is seen by Abba and blessed by Him Who sees all.*

- **Mathew 6:4** - your Father who sees in secret will repay you.
- **Mathew 6:18** - your Father who sees what is hidden will repay you.

**Message 49 continues**

*Your ordinary and hidden life through the Cross becomes united to My Eucharistic life. Your hidden life takes on the same power as My hidden life because we are no longer two but ONE. These are My living hosts. In this union of love, you enter and live in the realm of God. Through Me, with Me and in Me your most ordinary life is the power of God. Your thoughts, words, deeds, but most especially your tears and sorrows of heart, possess the power of God to bless the world. Your hidden life not seen by anyone is seen by God; and through Me, with Me and in Me, He blesses many. Your life as ONE with My Eucharistic life moves beyond time and space.*

*Ponder My Eucharistic life with the Holy Spirit and Mary. I desire for you to help Me form many living hosts to shine the light of God and to pierce the darkness. You grow in holiness as your hidden life is lived to greater perfection in My hidden life.*

- **CCC 1374** - The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as "the perfection of the spiritual life and the end to which all the sacraments tend."